

THE PARKWAY POST

NOVEMBER 2026 - ISSUE #8





Let's talk about Parkway Place

As we move from summer's energy into fall's vibrant spirit, Parkway Place continues to pulse with connection, creativity, and community. We're excited to present the Q3 2026 edition of The Parkway Post, highlighting the tenant engagement and memorable moments that defined these past months.

This quarter brought unforgettable experiences–from Ember & Oak evenings to hands-on beekeeping workshops, from celebrating local artisans at Link Market to connecting commuters through Smart Commute, to enriching lunch and learns with Jesse Lane Lee and Moorelands Kids. These moments strengthened our community and showcased the incredible businesses that call Parkway home.

We're also thrilled to share that Parkway Place earned three prestigious industry recognitions this quarter–the BOMA Canada National TOBY Award, the CREST Award, and the BOMA Enspire Award. Details on each award are inside this issue.

A huge thank you to our dedicated team, valued tenants, and ownership for making this quarter possible.

Parkway's Ten Cents

TOP 10 TIPS FOR NAVIGATING YEAR-END DEADLINES

1. Block "focus time" on your calendar now for high-priority year-end tasks before meetings consume December.
2. Create a master list of all Q4 deliverables and rank them by true deadline versus artificial urgency.
3. Communicate early with stakeholders about realistic timelines–pushing back now prevents crisis mode later.
4. Batch similar tasks together (all budget reviews, all performance prep) to minimize context-switching drain.
5. Schedule your PTO days before holiday blackout periods fill up and you lose flexibility.
6. Set a hard stop time each day and protect it–working until midnight doesn't improve quality, it destroys sustainability.
7. Delegate or defer anything that can wait until January when you'll have fresh energy and perspective.
8. Build buffer time into every project plan because December always brings unexpected delays and absences.
9. Take actual lunch breaks away from your desk to reset mental energy for afternoon productivity.
10. Close low-value email threads and decline optional meetings–your time is your most limited year-end resource.

BONUS TIP:

- **Start your January planning in November while you still have mental bandwidth, so you hit the ground running instead of scrambling to catch up.**

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THE PARKWAY EXPRESS: YOUR TICKET TO FUN AND EVENTS!

EVENT SPOTLIGHT: EMBER & OAK

September's Ember & Oak event was an evening of pure craftsmanship, flavor, and community connection that left attendees thoroughly impressed. Held on the 255 Lawn, the event brought together an exceptional lineup of local talent and artisans who transformed an ordinary evening into an extraordinary experience.

Smokin Cigars took center stage, sharing their expertise and teaching guests about the art of cigars–from selection to savoring every draw. Bacardi elevated the atmosphere with expertly crafted cocktails that perfectly complemented the evening's refined vibe. Guests indulged in savoury bites from Weetas Empanadas, while Craig's Cookies provided the perfect sweet finish. Adding to the ambiance, Dr. Draw captivated the crowd on violin, creating infectious beats that had attendees dancing and grooving under the evening sky.

The energy was electric, the connections genuine, and the feedback overwhelmingly positive. Ember & Oak wasn't just an event–it was a celebration of community, quality, and the moments that bring us together. We can't wait to bring this experience back!

THE PARKWAY EXPRESS: YOUR TICKET TO FUN AND EVENTS!

LOOKING AHEAD

Get ready for an exciting November lineup of events that celebrate community, culture, and connection! We'll be honouring Remembrance Day on November 11th, with poppies available for donation at the Hub entrance, Security, and the Property Management Office–pick one up and support the Royal Canadian Legion. We'll observe a two-minute silence and pause all non-essential work at 11:00 AM, with the flag flown at half-mast. Lest we forget. Plus, don't miss Link Market on November 19th as local vendors return with seasonal finds, and Dr. Marnie Luck's Immune Support & First Aid Kit Workshop on November 26th, where you'll learn to build your own wellness toolkit with natural remedies and practical tips.

We're also excited to host Jesse Lane Lee's final Lunch & Learn on November 18th at 1:00 PM in the Oak Room–"Sweet Balance: A Guide to Blood Sugar Management"–before we pivot to new learning experiences in 2027. And if you haven't already, keep an eye on the app for Puppy Yoga spots as they open up throughout the week!

Have you tried our Parkway Fit classes yet? Join us for free fitness sessions every Monday through Thursday at 12:00 PM–a perfect midday boost to keep you energized and active. Check the app for full class details and schedules–you won't want to miss these!
Download the Parkway App to RSVP and never miss out! 🔥✨







TENANT SPOTLIGHT



Moorelands Kids is an innovative children's charity empowering kids from low-income neighbourhoods. Since 1912, we've helped more than 140,000 kids.

Children and youth affected by poverty face barriers that other kids don't. We believe that every kid has the right to succeed, regardless of their life circumstances.

As a leading learning charity, we are committed to breaking down barriers for those facing socio-economic challenges, creating positive leadership and social pathways to success. Through experiential leadership programs, we equip children and youth with the skills and confidence needed to achieve their unique potential at home, at school, and in the community.

Check out **Why Moorelands Matters!**

Make Moorelands Kids - Your Choice of Charity!
Double your impact this Giving Tuesday!
Donate by December 1st to have your gift MATCHED!

WHAT'S THE BUZZ AT PARKWAY?

RECONITIONS

The BOMA Canada National TOBY (The Outstanding Building of the Year) Award is a prestigious recognition of excellence in commercial building management and operations. It evaluates building maintenance, tenant services, energy efficiency, sustainability, safety and community involvement.

The CREST (Commercial Real Estate Sustainability Trailblazers) Award recognizes buildings and property management teams that demonstrate leadership in environmental sustainability. It highlights efforts to reduce greenhouse gas emissions, improve building performance, and support a more sustainable future.

The BOMA Enspire Award recognizes commercial buildings across Canada for their achievement in reducing greenhouse gas emissions and improving energy performance. It highlights environmental leadership and encourages the commercial real estate industry to adopt more sustainable building practices.

These recognitions reflect our commitment to operational excellence, sustainability, and creating exceptional experiences for our tenants and community. A huge thank you to our dedicated team, our valued tenants and our ownership for their continued support who made this possible.







WHAT'S THE BUZZ AT PARKWAY?

SUSTAINABILITY INITIATIVES



On September 17, 2026, Parkway Place hosted a **"From Hive to Honey Jar"** event in collaboration with Alvéole, bringing together 35 participants for an engaging experience focused on urban beekeeping. Attendees had the opportunity to learn about the importance of bees, their role in supporting biodiversity, and the process of producing honey. The event highlighted our ongoing commitment to environmental awareness and sustainability.

Smart Commute Month | This September, employees embraced sustainable commuting through fun and rewarding opportunities. Many joined our **Commuter Survey & App Contest,** completing the survey and logging a trip on the Smart Commute app for a chance to win one of ten $50 gift cards. We also hosted a **Live Webinar Series,** including "Share Your Ride: Real Stories, Real Savings" on September 24, where early attendees were entered into a $50 gift card draw. Participants explored greener ways to commute – and had fun winning prizes along the way!

CAPITAL PROJECTS

We completed a full **overhaul of all chillers** at 243, 245, 251, and 255 Consumers Road. Each unit was inspected, reassembled with new gaskets, oil, and filters, and several worn components, including vane switches, check valves, and bearings, were replaced. We also worked with the BAS technician to fine- tune system controls for smooth operation. Thanks to this effort, all chillers are now running efficiently and reliably.



What's Happening in NoYo? (North York)



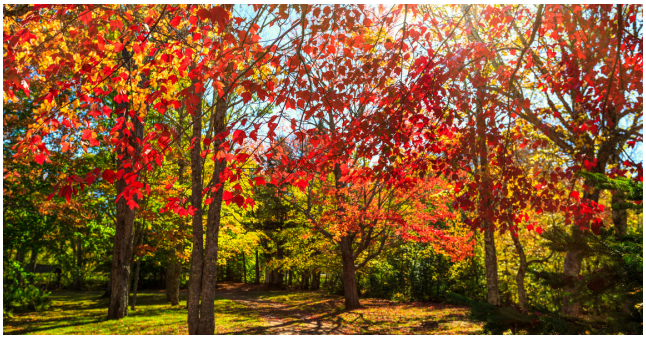
Annual Festive Tree Lighting & Christmas Market:

Yonge North York BIA's 4th Annual Festive Tree Lighting & Christmas Market
Dates: Saturday, November 28
Time: 2:00 PM to 8:00 PM



PUBLIC MENORAH LIGHTING

Come celebrate the Festival of Lights with music, warmth, and community – plus greetings from elected officials and hot drinks to keep you cozy throughout the evening.
December 7th @ 6 PM



HOLIDAY ECOMARKET 2026

Come celebrate the Festival of Lights with music, warmth, and community – plus greetings from elected officials and hot drinks to keep you cozy throughout the evening.
November 20-22, 2026 | December 18-20 2026



PARKWAY PLACE

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Don't miss a thing! Have you joined our Parkway App community? Download it today to RSVP for upcoming events, get the latest news, and stay in the loop on everything happening at Parkway Place. For help getting connected, feel free to swing by The Hub & Lounge to chat with our Community Manager.



Monthly Perks

You're a click away from monthly deals and savings! Shop from your favorite local and retail brands here.

VIEW HERE

Explore our website to discover our meeting rooms, upcoming events and more!