

THE PARKWAY POST

AUGUST 2026 - ISSUE #7

SUMMER



Let's talk about Parkway Place

As we embrace the warmth of summer and the momentum of a new quarter, there's an unmistakable sense of community and connection flourishing throughout Parkway Place. We're thrilled to present the Q2 2026 edition of The Parkway Post, showcasing the vibrant tenant engagement that continues to strengthen our workplace community.

This quarter brought enriching experiences with exciting FIFA games fundraising events and competitive volleyball tournaments that brought teams together outdoors, fostering collaboration and friendly competition among tenants.

We're proud to see how summer has energized our community with outdoor activities, wellness initiatives, and opportunities to connect beyond the desk. Your participation and enthusiasm continue to shape Parkway Place into more than just a workplace—it's a thriving community where collaboration, health, and connection come together naturally.

Parkway's Ten Cents

TOP 10 TIPS FOR SUMMER LEARNING & DEVELOPMENT

1. **Take advantage of free Parkway workout classes** - Monday to Thursday at 12 PM, details on the app.
2. **Enroll in online courses during slower periods** - Use summer's pace to build new skills at your own speed.
3. **Listen to industry podcasts during your commute** - Turn travel time into learning time with expert insights.
4. **Walk the concourse level when it's too hot outside** - One lap is 300m (the wingspan of approximately two and a half Boeing 747-8 aircraft).
5. **Start a professional reading list** - Tackle that book you've been meaning to read during lunch breaks.
6. **Pursue skill certifications** - Summer is ideal for focused study toward career-advancing credentials.
7. **Join outdoor volleyball or basketball** - Get active in early morning or evening when temperatures drop.
8. **Organize lunch-and-learn sessions** - Use our picnic tables for informal knowledge-sharing with colleagues.
9. **Attend virtual webinars** - Many organizations offer free summer programming you can join from your desk.
10. **Set Q3 learning goals** - Map out your development plan now to hit the ground running in fall.

BONUS TIP:

- **Create a summer learning accountability group with coworkers to stay motivated and share resources.**





PARKWAY PLACE

THE PARKWAY POST

AUGUST 2026 - ISSUE #7

THE PARKWAY EXPRESS: YOUR TICKET TO FUN AND EVENTS!

GOALS & SCOOPS: A FIFA CELEBRATION TO REMEMBER! ⚽🍦

Our Goals & Scoops event on June 11th was an absolute hit! The Parkway Place Lounge was packed with energy as we kicked off the 2026 FIFA World Cup together. From gourmet ice cream to competitive games, the atmosphere was electric. The highlight? Our exclusive Toronto FIFA scarves became instant fan favorites! Winners proudly sported their new gear while cheering on the opening match. The community spirit was undeniable as colleagues from across the building came together to celebrate the beautiful game. Games continued running in the Lounge throughout the tournament, creating a hub of excitement and camaraderie. It was more than just a viewing party—it was a testament to the vibrant community we've built here at Parkway Place. Thank you to everyone who joined us and made it such a memorable kickoff to summer!



THE PARKWAY EXPRESS: YOUR TICKET TO FUN AND EVENTS!

PARKWAY VOLLEY ROYALE: SERVING UP SUMMER FUN! 🏐

The Parkway Volley Royale Tournament brought teams together for an unforgettable day of competition and community spirit this summer! The morning kicked off with our Court Side Coffee pop-up, where colleagues fueled up with complimentary lattes before cheering on the teams. After intense semi-final matches featuring J17 Wildfires and Diamond & Diamond's D&D team, Synergy Protection's Synergy-Servallance defended their title in an exciting final, claiming victory for the second year in a row! Chase Net Winners and Chasing-Aces took home the Spirit Award for their outstanding energy throughout the day. With a team BBQ lunch and perfect weather, the event showcased the incredible teamwork and camaraderie that makes our Parkway community special. Mark your calendars—we'll see you on the courts next year!



LOOKING AHEAD

Get ready for an exciting lineup of events to close out the season! Join us for Puppy Yoga where downward dog meets actual dogs—stretch, relax, and enjoy some furry company. We're also bringing back Jesse Lane for another unforgettable experience. And mark your calendars for a special evening event in September where we'll gather after hours for food, fun, and community connection. Stay tuned for dates and details—you won't want to miss these!

Download the Parkway App to RSVP and never miss out! 🧑🏻‍🤝‍🧑🏻 ✨

TENANT SPOTLIGHT



McGovern Hurley LLP is a Toronto-based chartered professional accounting firm with more than 45 years of experience serving public and private organizations across Canada. Our team of over 100 professionals provides audit, assurance, tax, and advisory services, combining technical expertise with a collaborative, client-first approach. Known for our deep industry knowledge and long-standing relationships, we are proud to help clients navigate complex challenges while supporting their growth and success.

Website: mcgovernhurley.com

WHAT'S THE BUZZ AT PARKWAY?

PROPERTY UPDATE

It's Official: We've Been Named a High-Performance Building! Your building, Parkway Place at 243 Consumers Rd., 245 Consumers Rd., 251 Consumers Rd., 255 Consumers Rd. & 14 William Sylvester Dr., was recently recognized with three prestigious awards:

BOMA Certificates of Excellence (COE) is a prestigious award presented by the Building Owners & Managers Association (BOMA Toronto) to recognize excellence in building management and operations. This award not only acknowledges the achievements of building management teams but also promotes best practices in the commercial real estate industry.

The Outstanding Building of the Year® (TOBY) Award is the commercial real estate industry's highest recognition honouring excellence in commercial building management and operations in the Suburban Office Park - Mid Rise category.

BOMA 360 Performance Building designation from BOMA International. This recognition reflects our commitment to excellence in operations, sustainability, health & wellness, safety and tenant satisfaction.

These recognitions reflect our commitment to operational excellence, sustainability, and creating exceptional experiences for our tenants and community. A huge thank you to our dedicated team, our valued tenants and our ownership for their continued support who made this possible.



WHAT'S THE BUZZ AT PARKWAY?

SUSTAINABILITY INITIATIVES

Earth Week Sustainability Initiatives

To celebrate Earth Week, we hosted environmental and community-building activities.

Our Annual E-Waste & Battery Recycling Drive helped divert harmful materials from landfills while providing convenient way to responsibly dispose of old electronics. Alvéole treated us to a fascinating honey tasting that highlighted the importance of urban beekeeping. Sow & Grow guided tenants through starting their own herb gardens, bringing a bit of green into your workspace. Smart Commute shared valuable information about our carpool program, making it easier to reduce your carbon footprint on your daily commute. We partnered with the City of Toronto for Clean Toronto Together, rolling up our sleeves to beautify our neighborhood.

Reduce, Reuse, Refresh | May focus on extending the lifecycle of everyday items! Our Office Supply & Book Swap gave you the opportunity to exchange surplus supplies and books at no cost. It's amazing what treasures people discovered while keeping usable items out of the waste stream! The Bike Tune-Up Event offered complimentary tune-ups and adjustments to get cyclists ready for warmer months with safe, smooth rides.

Pedal Power & Community Support | Smart Commute Bike Month encouraged ride logging through June 30 for \$100 gift cards! Our Global Community Month **Ice Cream Fundraiser for Mooreland Kids** was a sweet success. Thanks to your generous participation, we raised **\$714** to support their mission of empowering children and youth to overcome barriers and achieve success. Learn more at www.moorelands.ca. We also launched our **Community Herb Garden**, establishing a shared green space for fresh herbs throughout the growing season!



Thank you for being part of our award-winning green community!

PARKWAY PLACE THE PARKWAY POST



Don't miss a thing! Have you joined our Parkway App community? Download it today to RSVP for upcoming events, get the latest news, and stay in the loop on everything happening at Parkway Place. For help getting connected, feel free to swing by The Hub & Lounge to chat with our Community Manager.



Monthly Perks

You're a click away from monthly deals and savings! Shop from your favorite local and retail brands here.

[VIEW HERE](#)



Explore our website to discover our meeting rooms, upcoming events and more!

parkway-place.ca